

# 50 million

## Steps Against Stigma

Epilepsy affects at least 50 million people worldwide. In many cases, the condition is stigmatized.

Help us to raise awareness of epilepsy stigma by walking 50,000,000 steps - one step for each person living with epilepsy - ahead of International Epilepsy Day, 10 February 2025.

Steps will be counted between 6th January and 10th February 2025.



<https://50millionsteps.org>

#StepAgainstStigma #50MillionSteps

